drummond street services

Senior Practitioner - Antenatal and Post Natal Mental Health Support Program

Position Description

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| Position Title: | **Senior Practitioner – Antenatal and Post Natal Mental Health Support Program – Northern Region** | Position Grade: | SHADS Level 6 |
| Department/Division: | **Family Services**  | Position No. |  |
| Reporting to: | **Manager Western Region** |
| Position summary/purpose: | **Provide psychological services to improve antenatal and post natal mental health and wellbeing for individual and families clients within DS’ Family Services Model of Practice** |
| Key Responsibilities |
| **Supportive Family Mental Health Interventions*** Provide sensitive and affirmative psychological services to antenatal/ post natal clients and families experiencing mental health issues
* Conduct bio psycho-social assessment of risk and protective factors associated with mental health outcomes in this community and develop and implement individual and family case plans in collaboration with the client
* Provide active, intentional work within risk and protective factors framework to support families’ goals and aspirations
* Utilise clinically appropriate assessment measures to inform treatment and measure outcomes
* Deliver evidence-based focused psychological strategies
* Refer families to internal or external services to support identified needs in areas such as mental health, social connection, physical exercise, drug and alcohol, family violence services and other supports to address identified risks
* Contribute to the development and delivery of bio psycho-social group interventions
* Assertively engage of client cohorts that have specific needs, including those considered socially marginalised or resource poor to lessen the impact of social exclusion, including Aboriginal families, emerging CaLD communities and greater risk cohorts including LGBTIQ
* Undertake continuing professional development and clinical supervision to maintain best practice
* Provide regular written reports to the client’s referrer, as required, with information regarding assessments, treatment, and recommendations
* Complete all client records and other required documentation including case plans and client assessments
* Work within a multi-disciplinary team and provide secondary consultation to other staff
* Contribute to the achievement of individual, team and organisational program targets and KPI’s as per contractual agreements with funders and those determined by drummond street

**Networking and Partnerships*** Represent the organisation positively with a range of external health, social services and other relevant providers for the purpose of making appropriate client referrals, providing conjoint support where required, and marketing and promoting the agency programs.
* Use community development approaches (social justice, equality and mutual respect) to increase self-efficacy and empowerment of the communities
* Develop and deliver training to community members, partners and broader sector
* Network with a range of external health, social services and educational providers for the purpose of making appropriate client referrals or conjoint work where required, and to market and promote agency programs
* Work collaboratively with other services to identify and address services gaps and client needs

**Research and Evaluation*** Assist with the design and implementation of research and evaluation activities, and assist with data collection, recording and analysis and report writing as required.
* Contribute to reporting and reflective practice forums and keep informed of current research and innovative practice relating to this area of work.

**Quality & Compliance Management*** Ensure contractual and quality standards are met and contribute to high-quality reporting
* Work within risk management, quality standards and continuous improvement frameworks
* Work to the professional standards required of the APS’, AASW Code of Ethics, as well as DS’ Code of Conduct, policies and procedures
* Uphold our commitment to Child Safe Standards and ensure or workplace and programs are culturally safe and affirmative for employees, children and families
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| **Key Competencies/Skills**  | **Experience Profile (incl Qualifications)**  |
| **Competency** | **Technical/Functional** | * Full registration as a psychologist or clinical psychologist or mental health social worker eligible to deliver under TPS/ Better Access programs
* Minimum two years’ experience in providing psychological interventions to families and individuals in the antenatal and post natal period
* Demonstrated ability to provide evidence based focused psychological therapies and strategies with positive client outcomes
* Demonstrated understanding of the needs, issues and sensitivities of people from diverse backgrounds including Aboriginal, LGBTIQ and culturally and linguistically diverse people and communities.
* Demonstrated experience of working with individuals and families with complex needs such as family violence, drug and alcohol and mental health issues
* Demonstrated capacity to work within integrated, collaborative and systemic approaches.
* Demonstrated organisational skills including the ability to meet deadlines and prioritise work tasks.
* Demonstrated capacity to work creatively, show initiative, contribute ideas and be active in a supportive team environment in an agency working to support individual and family relationships within the context of family violence
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| * Organisational & quality focus
* Results driven & client oriented
* Promotes productive work practices
* Creative, flexible and solution focused
* High level of self-awareness, professionalism and social justice values
 | * Expertise in evidence-based focused psychological strategies
* Strong knowledge of determinants of mental health, including greater at risk cohorts i.e. Indigenous, LGBTIQ
* Strong experience in perinatal mental health
* Family-aware and inclusive practice
* High level counselling skills
* Sound Information technology and written and verbal communication skills
* Group facilitation skills
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| **Position Dimensions** | **Decision Making Authority** |
| No. Of FTE: Part time or full time availableOperates within cross-disciplinary teams and across multiple service sites in the northern region | * Independent professional judgement in establishing a treatment pathway
* Responsible for the management of caseload, in consultation with their supervisor
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