

Managing behaviour



- Speak warmly and clearly
- Don't say too much
- Acknowledge their feelings – I see you are feeling angry...why?
- Listen to them....
- Guide them in what to do (not what NOT to do)
- Encourage and praise them when they do the right thing
- Give them attention when they are being good!

Remain business-like do not yell and scream

If you aim to be business like when you are frustrated, rather than overly emotional, you'll stay calmer. When children argue with you, you do have a choice not to answer immediately. When you do reply, do so in a calm respectful tone. If they are still avoiding doing as you have asked, stop explaining and just repeat your request. If they still don't respond you can consider adding a consequence

Act early: If you don't like the way your children are speaking to you- pull them up on it and be firm. You can hold up your hand and say "Stop, listen to how you're speaking to me. I don't like it- please speak respectfully". If they change- smile and be positive, if they continue

speaking inappropriately, walk away. You don't need to punish them, just don't respond when they speak disrespectfully and they will usually adjust their communication so you will respond.

Be specific: It's more helpful to say "Speak to me about any school worries you have ", rather than "what's wrong with you?"

If your child is very distressed, sometimes it's appropriate to put verbal communication aside for a while. Just sit with them and comfort them. Be there to listen or just wait until they are ready to talk. Keep in mind that kids look to adults to reassure them that what they are feeling is normal, and that things will be OK.



REMEMBER: CONNECT BEFORE YOU CORRECT that means show you care and that you are listening and then correct their behaviour