

1. Crouch down to their level and get their attention (you can hold their hands)



2. Ask “Why are you doing that?”
...LISTEN and understand “*Yes I know you’re excited*”



3. Guide them in
what to do firmly
*“Be gentle with your
sister”*



4. If they misbehave
again ... then give a
**choice or a
consequence**

Choice (You have 2 choices-
either go outside or into
your room for a while)

Consequence (NO TV for
you because you were
rough with her)

5. Notice when they
behave well and
praise them *“Good
you are playing well
now- I like that”*



6. Talk to them about what happened later and discuss what they learnt *“So next time when I speak to you – you will be gentle won’t you”*

